

Description:

Students will know basic nursing skills and procedures as designated by state and federal guidelines. They will assist with activities of daily living, prevention of decubiti, elimination problems, and patient feeding. They will perform and assist with treatments and procedures to optimize patient well-being.

This program prepares the student for employment in long-term care facilities and acute care in hospitals. Under the supervision of a registered or licensed vocational nurse, students will provide for patients' hygiene, nutrition, exercise, and safety. This program may also be used as a stepping stone on the nursing career ladder, since basic nursing care is the foundation upon which all nursing is built.

When the student successfully completes the course, he/she will be eligible to apply to take the certification examination for nursing assistants required by the Department of Health Services. Upon successful passing of this examination, the student will be a CNA (Certified Nursing Assistant).

This course also articulates with Yuba College for 5 units of college credit and 120 hours of basic nursing training for the LVN and RN program and with the Tri-County ROP Vocational Nursing Program.

Performance Objectives:

Upon completion of Basic Patient Care, the student will be able to:

1. \_\_\_\_\_ Understand how nursing practices, procedures, and philosophies have evolved to current high technology and integrated delivery systems.
2. \_\_\_\_\_ Understand basic structure and function of the human body and will know medical word elements and abbreviations.
3. \_\_\_\_\_ Know preventive health practices and potential hazards for patients, health care workers, and co-workers within the health care setting. This includes safety techniques and procedures (including the Heimlich maneuver) to insure a safe resident environment for routine care and in time of emergencies while using good body mechanics.
4. \_\_\_\_\_ Demonstrate the principles of infection control and standard precautions.
5. \_\_\_\_\_ Understand principles of communication and know how these principles can be applied to patient care, conflict resolution, and effective health care team communications in a culturally diverse environment.
6. \_\_\_\_\_ Understand the roles and responsibilities specific to nursing occupations and will understand current ethical and legal standards including patient rights (as specified in Title 22 and the California Health and Safety Code).
7. \_\_\_\_\_ Safely and skillfully perform basic bedside nursing skills as designated by standards of practice and the state and federal guidelines.
8. \_\_\_\_\_ Understand how diseases and disorders relate to the prescribed treatment and perform/assist with treatments and procedures.
9. \_\_\_\_\_ Accurately assess vital signs, height, and weight.
10. \_\_\_\_\_ Understand the signs and symptoms of distress and demonstrate immediate intervention during an emergency.
11. \_\_\_\_\_ Explain the therapeutic nutrition and fluid needs of patients.
12. \_\_\_\_\_ Record and report resident/patient observations as necessary.
13. \_\_\_\_\_ Recognize the common physical, psychological, and social role changes that occur with age and also use the rehabilitation procedures necessary for patients to achieve maximum independent living skills.
14. \_\_\_\_\_ Demonstrate an awareness and understanding of the various stages of dying and the physical signs of approaching death.
15. \_\_\_\_\_ Understand the necessity for key employability skills, work ethics, and professional growth and will apply these skills in preparing for, seeking, and maintaining employment and/or continuing education.

*Approved Hours:* Classroom Hours: 72 Clinical Hours: 108

*Completed Hours:* Classroom Hours: \_\_\_\_\_ Clinical Hours: \_\_\_\_\_

**NOTE:** *The student has satisfactorily completed the performance objectives initialed by the instructor.*